



Hora	Lunes	Martes	Miércoles	Jueves	Viernes
07:30		FUNCIONAL		FUNCIONAL	
08:00	FUNCIONAL		FUNCIONAL		FUNCIONAL
08:30	BODY TOTAL	FUNCIONAL	BODY TOTAL	FUNCIONAL	BODY TOTAL
	BUNGEE	BUNGEE	BUNGEE	BUNGEE	BUNGEE
09:00		ZUMBA		ZUMBA	
	YOGA	YOGA	YOGA	YOGA	YOGA
	FUNCIONAL		FUNCIONAL		FUNCIONAL
09:30		PILATES		PILATES	
	ZUMBA	FUNCIONAL	ZUMBA	FUNCIONAL	ZUMBA
	BUNGEE	BUNGEE	BUNGEE	BUNGEE	BUNGEE
10:00		BODY TOTAL		BODY TOTAL	
	CROSS FEEL		CROSS FEEL		CROSS FEEL
10:30		PILATES		PILATES	
	JUMP FEEL	CROSS FEEL	JUMP FEEL	CROSS FEEL	JUMP FEEL
11:30		GAP		GAP	
	GAP		GAP		GAP
13:45	BUNGEE	BUNGEE	BUNGEE	BUNGEE	BUNGEE
14:00	FUNCIONAL	FUNCIONAL	FUNCIONAL	FUNCIONAL	FUNCIONAL
	BODY TOTAL	ZUMBA	BODY TOTAL	ZUMBA	BODY TOTAL
		YOGA		YOGA	
		PILATES		PILATES	
14:45	BUNGEE	BUNGEE	BUNGEE	BUNGEE	BUNGEE
15:00	FUNCIONAL	CROSS FEEL	FUNCIONAL	CROSS FEEL	FUNCIONAL
	ZUMBA	BODY TOTAL	ZUMBA	BODY TOTAL	ZUMBA
	YOGA	PILATES	YOGA	PILATES	YOGA
16:00	CROSS FEEL	FUNCIONAL	CROSS FEEL	FUNCIONAL	CROSS FEEL
	JUMP FEEL	GAP	JUMP FEEL	GAP	JUMP FEEL
		PILATES		PILATES	
17:00	GAP	BODY TOTAL	GAP	BODY TOTAL	GAP
18:00	FUNCIONAL	FUNCIONAL	FUNCIONAL	FUNCIONAL	FUNCIONAL
	ZUMBA	JUMP FEEL	ZUMBA	JUMP FEEL	ZUMBA
	PILATES	PILATES	PILATES	PILATES	PILATES
18:30	YOGA	YOGA	YOGA	YOGA	YOGA
19:00	FUNCIONAL	CROSS FEEL	FUNCIONAL	CROSS FEEL	FUNCIONAL
	BODY TOTAL	ZUMBA	BODY TOTAL	ZUMBA	BODY TOTAL
		PILATES		PILATES	
19:30	BUNGEE	BUNGEE	BUNGEE	BUNGEE	BUNGEE
20:00	CROSS FEEL	FUNCIONAL	CROSS FEEL	FUNCIONAL	CROSS FEEL
	JUMP FEEL	GAP	JUMP FEEL	GAP	JUMP FEEL
	YOGA	YOGA	YOGA	YOGA	YOGA
	PILATES	PILATES	PILATES	PILATES	PILATES
20:30	BUNGEE	BUNGEE	BUNGEE	BUNGEE	BUNGEE
21:00	CROSS FEEL	CROSS FEEL	CROSS FEEL	CROSS FEEL	CROSS FEEL

PERFORMANCE
5 RACK DE 6 PERSONAS C/U.
LUNES A VIERNES 8:00 a 13:00 13:30 y 16:30 18:30 A 20:00

EDUCACIÓN MOTRÍZ
SESIÓN DE 75 MINUTOS
LUNES A VIERNES 16:00 A 17:15 17:00 A 18:15 18:15 A 19:30
STAFF: Natalia Richiotti Magali Podesta Natalia Fecho

### CLASES-CUPO:

Funcional	15
Cross feel	15
Body total	19
Zumba	25
Jump feel	19
Gap	19
Pilates	6
Yoga	10
Educ.Motriz	24
Bungee	12